

Holy Hour of Prayer for Vocations

An hour of quiet reflection to be used by a parish or by a individual for private prayer (Scripture passages may be typed out on a sheet of paper or people may use Bibles.)

- 1) Select a passage – five to ten verses from the Bible (see the passages listed below).
- 2) Find a place where you will be alone, not bothered, and free to move, speak, and be uninhibited in your response to God’s presence.
- 3) Find a comfortable posture, relaxed and peaceful.
- 4) Be aware of the presence of God. Acknowledge and respond to it.
- 5) Pray the passage from scripture.
 - Listen to the message God has for you.
 - Read, whisper aloud so you can hear, see, say God’s word – very slowly.
 - Rest on any words that call you to respond in a grateful, loving way – always in truth.
 - Read on, when nothing seems to happen.
 - When the time is up, thank God for speaking to you.

Suggested Scripture Passages

Gen. 12: 14; 15:6

Deut. 29:

1 Kgs. 19:19-21

Acts 9:1-19; 13:2.3; 16:9-10

Jer. 1:4-10; 17-19; 15:10-21

Mk. 1:16-20

Jn. 1:35-51

Thess. 5:11

Ex. 3:11-12

1 Sam. 3:1-10

Is. 6:1-9; 22:6-21; 26:12-19

Am. 7:15

Lk. 9:57-60; 5:1-11; 12:49-53

2 Tim. 1:6-13

Closing Prayer:

Loving God, fill us with your spirit of love so that the fire Jesus came to light blazes within us, and we become more visible signs of the reign of God. This we ask through Jesus now and always. Amen.

Thanks to "A future full of Hope"